



Frome Potato Day & Seed Swap 2026

Sunday 15th February

10am-2pm £3 Entry (Kids Free)

Cheese & Grain

Vibrant stalls

Seed potatoes, bulbs, seeds, plants, fruit trees, local veggies, food & community groups

Seed Swap

Bring your excess seeds in clearly marked paper envelopes, and plants, swap for exciting new varieties!

Free Activities

Kids activities and crafts all day

10am - 10.50am Herbalist Ben Still will host an **'Insight Herbalism Rose Circle for all genders'**

- a sensory journey, inviting a deepening presence and relationship with the qualities of the Rose.

11am- 11.50am Alex from Hotsteppa Sauce will share **'Principles of hot sauce creation'**

- focus on seasonal ingredients to celebrate UK flavours

12pm - 12.50pm Lizzie and Tom from the Redlynch Community Patch will hold

'A vision for Frome's Food Future'

- a collaborative writing workshop

1pm - 2pm Networking and Knowledge sharing with the **5th Gardeners Summit** - professional gardeners and enthusiasts

**Pre-Book Free Activities @
Frome Field 2 Fork tickettailor.com**



SCAN
ME!